

EXHIBIT 10

Offender Outpatient Progress Notes

Shawnee Correctional/Hardin County Work Camp Center

Non-Specific
Discomfort

Offender Information:

Carter

Last Name

Leander

First Name

MI

ID#: B09162

Date/Time	Subjective, Objective, Assessment	Plans
7/29/19	S) - Any Allergies NKDA	P) MD Referral Difficulty w bowel and bladder / worsening
0930	- Location of pain / discomfort Hernia	- Patient presents more than twice at NSC for c/d same discomfort within one month
	Describe pain Stabbing Throbbing Constant Intermittent Etc. Constant	- Patient presents with signs of acute, severe discomfort
	- Have you had this pain before and how was it treated Yes - NO fx	- Patient has abnormal vital signs
	- Rate pain level scale of 1 - 10 9/10	
	- Duration of pain 4 yrs 98%	No MD referral
	O) T P R BP WT 96.5 58 14 196	- Acetaminophen 325 mg, 1 - 2 tablets t.i.d. PRN X 3 days (18 tablets)
	- Signs of obvious discomfort Grimacing & palpation	- Ibuprofen 200mg 1-2 tabs t.i.d. PRN for 3 days (18 tabs)
	- Observations related to body part affected Hernia descending into ① groin recently moved into ② thigh approx. 7 inches I/M SIR he is unable move it back in and the pain and discomfort are increasing	Patient Teaching - Return to see provider if symptoms worsen or interfere with daily functioning
	A) Non-Specific Discomfort Difficulty w bowel and bladder	Nurse Signature [Signature] Payment Voucher YES NO